

**MAY  
2024**



**GREATER NANTICOKE AREA  
HIGH SCHOOL BREAKFAST MENU**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Summer  
time!**

**What is a Breakfast Meal?**

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or Grain/Protein

Choice of: Fruit or Vegetable

**(must take at least 1/2 cup)**

Choice of Milk: 1% white, fat-free white, chocolate, vanilla, and strawberry

**Note: You must take at least 1/2 cup of fruit or vegetable**

**Daily Fruit Selection May Include:**

canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple or orange), fresh fruit (apples, bananas, and oranges)

**Whole Grain Cereal Selection May Include:**

Cinnamon Toast Crunch

Trix

Cocoa Puffs

Cheerios

Fruity Cheerios

Rice Crunch

Kix

Fruit Loops

Frosted Flakes

**MENU SUBJECT TO CHANGE DEPENDING ON  
PRODUCT AVAILABILITY.**



[www.schoolcafe.com](http://www.schoolcafe.com) for online cafeteria payments

**ADULT BREAKFAST: \$2.40**

**GENERAL MANAGER**

Lou Kluck

**PHONE NUMBER**

570-735-8534

**EMAIL:** [ma1102@metzcorp.com](mailto:ma1102@metzcorp.com)

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<p>6</p> <p>Assorted Muffins Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>7</p> <p>Uncrustable Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>1</p> <p>PopTarts Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>2</p> <p>Yogurt Parfaits Assorted Cereals Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>3</p> <p>FULL ACT 80 DAY NO STUDENTS</p>
<p>13</p> <p>Assorted Muffins Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>14</p> <p>Cinnamon Bun Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>8</p> <p>Fruit Strudel Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>9</p> <p>Breakfast Sandwich Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>10</p> <p>Bagel w/ Cream Cheese Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>
<p>20</p> <p>Assorted Muffins Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>21</p> <p>Uncrustable Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>15</p> <p>Donuts Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>16</p> <p>Breakfast Sandwich Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>17</p> <p>Bagel w/ Cream Cheese Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>
<p>27</p> <p>NO SCHOOL MEMORIAL DAY</p>	<p>28</p> <p>Assorted Muffins Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>22</p> <p>Pop Tart Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>23</p> <p>Yogurt Parfaits Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>24</p> <p>Cereal Bar Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>
<p>29</p> <p>Donuts Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>30</p> <p>Breakfast Sandwich Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>31</p> <p>Bagel w/ Cream Cheese Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>30</p> <p>Breakfast Sandwich Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>	<p>31</p> <p>Bagel w/ Cream Cheese Assorted Cereals</p> <p>100% Fruit Juice or Assorted Fresh &amp; Canned Fruit Choice of Milk</p>

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.