MAY 2024

What is a Breakfast Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or Grain/Protein
Choice of: Fruit or Vegetable
(must take at least 1/2 cup)
Choice of Milk: 1% white, fat-free white,
chocolate, vanilla, and strawberry
Note: You must take at least 1/2 cup of fruit or

Daily Fruit Selection May Include: canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges,

100% juice (apple or orange), fresh fruit (apples, bananas, and oranges)

Whole Grain Cereal Selection May Include: Cinnamon Toast Crunch

Trix
Cocoa Puffs
Cheerios
Fruity Cheerios
Rice Crunch
Kix
Fruit Loops
Frosted Flakes

MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.



www.schoolcafe.com for online cafeteria payments

ADULT BREAKFAST: \$2.40



GREATER NANTICOKE AREA EDUCATION CENTER BREAKFAST MENU

MONDAY TUESDAY



WEDNESDAY

Breakfast Sandwich Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk **THURSDAY**

Cinnamon Bun Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk FRIDAY

LACT

FULL ACT 80 DAY NO STUDENTS

6

Assorted Muffins Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk Pop Tart

7

Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 8

Breakfast Sandwich Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 9

Donuts Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 10

Bagels with Cream Cheese Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

13

Assorted Muffins Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 14

Banana Bread Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 15

Breakfast Sandwich Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 16

Uncrustable Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 17

Pop Tart Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

20

Assorted Muffins Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 21

Cinnamon Bun Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 22

Breakfast Sandwich Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 23

Donuts Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 24

Bagels wwith Cream Cheese Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

27

NO SCHOOL
MEMORIAL DAY

28

Assorted Muffins Assorted Cereals with Toast

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 2

Breakfast Sandwich Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 30

Blueberry Loaf Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk 31

Uncrustable Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.